

Checklist do Dia de Jogo de Futebol

Lista de verificação de equipamentos, documentos, aquecimento, montagem do camp da equipe

CHECKLIST

Informações da Partidan

before kickoff

Date	Kickoff	Opponent	Venue
_____	_____	_____	_____
Meet time	Kit color	Coach contact	
_____	_____	_____	

Equipamento do Jogador

- Uniform _____
- Cleats _____
- Shin guards _____
- Water bottle _____
- Warm layers _____
- Keeper gloves _____

Equipamento da Equipe

- Match balls _____
- Cones _____
- Bibs _____
- First aid kit _____
- Pump _____
- Clipboard _____

Administração & Documentos

- Roster printed _____
- Player cards _____
- Referee fee _____
- Field permit _____
- Emergency info _____
- Lineup submitted _____

Campo & Aquecimento

- Goals checked _____
- Warm-up plan _____
- Captains ready _____
- Subs briefed _____
- Set pieces reviewed _____
- Post-game huddle _____

Considerações Finais

ready to play

Last reminders

After match tasks

- Collect gear
- Confirm score
- Check injuries
- Send recap